

Chesterfield Primary School

Chesterfield Road

Enfield

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Executive Headteacher: Zoe Hussain



27.01.23

Year 5

Dear parents/carers,

Next half term your child's class will begin a topic on Relationships and Sex Education (RSE) in combination with the Science curriculum and Personal, Social and Health Education (PSHE) curriculum.

As stated in our RSE policy, which is available for viewing on the school's website, we believe teaching RSE is very important because:

- It is a body of knowledge essential to children's wellbeing and understanding of self and relationships.
- It prepares them for puberty.
- It provides children with access to correct information about their bodies and those of the opposite sex.
- It develops children's vocabulary for communicating about themselves and their bodies.
- It helps them to build a positive attitude towards themselves and others.
- It provides children the opportunity to learn about personal safety and hygiene.
- It enables children to acquire skills and attitudes about loving stable relationships.

In year 5, alongside our PSHE curriculum, we will be focusing on:

- The emotional and physical changes that happen during puberty
- Puberty and the reproductive organs
- The impact of puberty on the body and the importance of personal hygiene

From September 2020, all primary schools in England were required to teach Relationships and Health Education. At primary level all schools will be required to teach about different types of committed stable relationships, which includes LGBT relationships. Parents will not have the right to withdraw their children from Relationship or Health Education at primary or secondary level.

If you have any questions or would like to see any resources, please speak to your child's class teacher.

Yours sincerely,

Cristina Jordan

Deputy Head teacher

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