

## Chesterfield Primary School

Chesterfield Road

Enfield

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Headteacher: Zoe Hussain



Sunday 4th July 2021

Dear Parents/Carers,

### **Reception pupils – now need to isolate today until Saturday 10th July 2021**

We have been advised that we have had a **confirmed case of COVID-19 for a staff member who has worked in Reception at Chesterfield Primary School** last week.

We have followed the national guidance and have identified that your child has been in close contact with the affected member of staff.

**In line with the national guidance we recommend that your child now stays at home and self-isolates until Saturday 10th July 2021 (10 days after contact). They can come back to school on Monday 12th July 2021. Remote learning will be provided for your child on seesaw.**

**We are asking you to do this to reduce the further spread of COVID 19 to others in the community.**

If your child is well at the end of the 10 days period of self-isolation, then they can return to usual activities. Other members of your household can continue normal activities provided your child does not develop symptoms within the 10-day self-isolation period.

Please see the link to the PHE Staying at Home Guidance:

<http://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

### **What to do if your child develops symptoms of COVID 19:**

If your child develops symptoms of COVID-19, they should remain at home for at least **10 days** from the date when their symptoms appeared and advise the school of this. We would encourage you to get a test if symptoms appear. All other household members who remain well must stay at home and not leave the house for **10 days**. The 10-day period starts from the day when the first person in the house became ill. Household members should not go to work, school or public areas and exercise should be taken within the home. Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community. If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

### **Symptoms of COVID 19**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or

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- high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia).

For most people, coronavirus (COVID-19) will be a mild illness.

If your child or anyone in the household does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

### **Getting a PCR test for a close contact of a case?**

It is now also possible for close contacts to have a PCR test even where they do not have symptoms through Get a free PCR test to check if you have coronavirus (COVID-19) - GOV.UK ([www.gov.uk](http://www.gov.uk)) or by calling 119 (<https://www.gov.uk/get-coronavirus-test?priority-taxon=774cee22-d896-44c1-a611-e3109cce8eae>). In some areas you may be encouraged to do this by your local authority or local health protection team.

Please note: if your child has a negative PCR test result this does not alter the self-isolation period as a contact. Close contacts should continue to self-isolate for 10 full days, as they could still become infectious and pass the infection onto others. Please make sure you read the full text message from NHS Test and Trace when receiving a negative result. This makes clear that you do not need to self-isolate unless 'you've been told to self-isolate because you've been in close contact with someone who tested positive' Negative test result for coronavirus (COVID-19) – NHS ([www.nhs.uk](http://www.nhs.uk)).

### **How to stop COVID-19 spreading:**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19.

#### **Hands**

- Wash your hands regularly and for at least 20 seconds.

#### **Face**

- Cover your face in enclosed spaces, especially where social distancing may be difficult and where you will come into contact with people you do not normally meet.
- It is now compulsory to wear cloth face coverings on public transport, shops and several other indoor settings.

#### **Space**

- Stay 2 metres apart where possible, or 1 metre with extra precautions in place.
- Keep your distance from people who are outside your household or support bubble.

Further information is available at: <https://www.gov.uk/coronavirus/education-and-childcare>

**Remote learning – your child will have work set on Seesaw for the time they are isolating – if your child is well they are expected to complete the work each day.**

**Thank you for your on-going support and cooperation in keeping everybody safe.**

Kind Regards

Zoe, Kelly and the Chesterfield Team.